

B2 April 14, 2006 Hickam Kukini

Crossword Puzzle: Thunderbirds Showline

By Capt. Tony Wickman 71 Flying Training Wing Public Affairs

ACROSS

- 1. Traps
- 7. Photographer's establishment
- 13. Georgia town
- 15. 1974 Thunderbird planes (T-38s)
- 16. 1969 Thunderbird plane (F-4s)
- 17. Galaxies
- 18. Petiole
- 20. ___ loss for words
- 23. Foster film
- 25. 1st Thunderbird plane; F-84 G Thunder___ (1953)
- 28. Thunderbird formation
- 31. Norway capital
- 32. Indolent

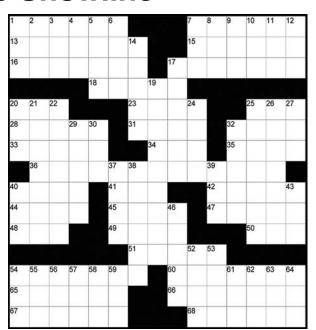
- 34. Bad USAF PIF item
- 35. ___ out a living 36. 1955 Thunderbird
- plane (F-84F)
- 40. Ancient Semitic god
- 41. Hearing tool
- 42. Perfume iris
- 44. Opera highlight 45. Mil. field meals
- 47. Acetate
- 48. Vesicle
- 49. Ancient Peruvian
- 50. Boxing legend
- 51. Bagatelle
- 54. Squirreled away
- 60. Thunderbird formation 65. 1983 Thunderbird plane
- (F-16A Fighting ___)
- 66. Covered by GEIKO 67. Computer inputing
- 68. Road

DOWN

- 1. Drain
- 2. Utmost degree
- 3. Pie __ mode
- 4. Jogged
- 5. Tolkien tree shepherds
- 6. Halt
- _ Marie
- 7. Sault
- 8. Bar bill
- 9. Alaska Native knife
- 10. DoD counterpart 11. _ _ jiff
 12. CIA precursor
- 14. Body acid 17. Thunderbirds home
- station
- 19. Revive
- 20. Alphabet beginning
- 21. New Zealand reptile
- 22. Dated 24. Attic
- 25. Indonesian capital
- 26. Hebrew prophet

- 27. Cobb and Pennington
- 29. Hall of Fame coach Don
- 30. X, to Cicero
- 32. Looks with malice
- 37. Actress Moore

- 38. Brought in
- 39. Caviar starter 40. Mil. entitlement
- 43. ___ Lanka 46. Arabia denizen
- 52. Dull roars
- 53. Compass point
- 54. To the rear
- 55. Spring month 56. European mount
- 57. Movie genre ___-fi
- 58. Male child
- 59. School subj.
- 61. South-central
- Austrian river 62. NW state
- 63. Formerly
- 64. Banned pesticide



April 14, 2006 **B3** Hickam Kukini

AT THE MOVIES

Memorial Theater 448-2297 • CLOSED Monday and Tuesday

Friday 7:00 p.m. and Saturday 7:00 p.m.

Madea's Family $\boldsymbol{Reunion}-An$ unstoppable force nature, southern matriarch Madea may have finally taken on more than she can



chew. She has just been court ordered to be in charge of Nikki, a rebellious runaway, her nieces Lisa and Vanessa are suffering relationship trouble, and through it all she has to organize her family reunion. As the reunion approaches, secrets are revealed and tensions rise. Madea must use every tactic in her arsenal to not only keep the peace, but keep her family together. Starring Tyler Perry and Blair Underwood. Rated PG-13 (thematic material, domestic violence, sex/drug references).

Sunday and Wednesday 7:00 p.m.

16 Blocks - A troubled NYPD officer is forced to take a happy, but down-onhis-luck witness 16 blocks from the police station to 100 Centre Street,



although no one wants the duo to make it. Starring Bruce Willis and Mos Def. Rated PG-13 (violence, action, language).

Thursday 7:00 p.m.

 $R\ u\ n\ n\ i\ n\ g$ Scared – Two 10-year-old boys get their hands on a mob gun with which a cop was shot. The father of one of the boys must take to



the streets in a desperate bid to recover the weapon before the mob finds out it's missing. Starring Paul Walker and Wayne Brady. Rated R (violence, language, sexuality, drug content).

Rocking away tax blues



The rock band Rathyen played April 7 in the Officer's Club Koa Lounge. More than 50 people came to see the band and celebrate Tax Blues Night. Band members are Jason Rathyen, Lead Guitar/Vocals, Anjj Lee on Rhythm Guitar/Vocals, Robert Kekuna on Bass, and the "mystery guest drummer" for the evening was Hickam's own, Col. Scott Chesnut.

Hickam Keiki cool off with Easter Eggs



start on Easter Egg hunting April 8. The base-wide Easter Egg Hunt is Saturday at Earhart Village Park: children 3-years-old and under begins at 10 a.m.; 4 to 5-year-old keiki starts at 10:30 a.m; 6 to 8year-old keiki starts at 11 a.m and 9 to 12-year-old keiki begins at noon.

Hickam Keiki got a jump

Photo by Staff Sgt. Sarah Kinsman

B4 April 14, 2006



Senior Airman Ronald McFarlin

15th Security Forces Squadron

Your unit rocks because: We have managed to increase our amount of patrols on base implementing a higher awareness of security present on base. We are there when you need us.

My job affects all of Hickam in that: We issue more than 500 vehicle decals to active duty, Reserve, and DoD personnel a week. There is a constant flow of contracts

for employee, vendor and contractor badges. Special events guest list and fishing passes processed daily. We process background and barment checks for all applicants applying for passes.

When not at work, I spend my off duty time: Seeking my associates degree at Wayland Baptist University.

Something people don't know about your unit: We do physical training everyday of the week except for Tuesday's as a unit. It's important for all defenders to be fit to fight.

If I could change one thing about



Hickam, what it would be: The amount of parking that is available at the base. Through my experience working at pass and registration many of our customers mention the lack of parking that we have on the base and how it's an inconvenience.

What his supervisor has to say: Airman McFarlin is a hard worker in the section and a team player. He providers customer service to hundreds of people daily. He's my go-to guy.

Staff Sgt. Pedell Fuller, 15th SFS,



Punchbowl
National
Cemetery
hosts
POW
Recognition
Day

Far Right: Hickam Honor **Guard member Airman 1st** Class Corwyn Potts presents arms with the Color Guard team during the playing of the national anthem at the 15th Annual POW Recognition Day Ceremony at the National Memorial Cemetery of the Pacific. The event was sponsored by the Hawaii Chapter of the American Ex-Prisoners of War and was held in honor of service members from all of the wars in the Pacific.

Photo by Angela Elbern

CHAPEL

PROTESTANT

8:30 a.m.

SOLUTIONS, From B2

SNARES STUDIO A T L A N T A P H A N T O M TALONS NEBULAS SPIRE NELL OSLO BURST THUNDERSTREAK INCA ETUDE AMASSED DIAMOND FALCON INSURED STREET

JEWISH

Aloha Jewish Chapel, Nelles Chapel Sunday Contemporary Pearl Harbor Service 8:30 a.m. 473-0050 Sunday Gospel Worship Jewish Lay Leader 11:15 a.m. Mr. David Bender Sunday Praise Gathering 527-5877 Naval Station Chapel 5:30 p.m. Chapel Center 473-3971 Sunday Traditional

CATHOLIC

Editor's note: For more information on Base Chapel services or for prayer requests call the Chapel Center at 449-1754 or Nelles Chapel at 449-6562.

Nelles Chapel Weekday Mass 11:30 a.m. Saturday Confessions 4:15 p.m. Saturday Mass 5 p.m. Chapel Center Sunday Mass 10 a.m.

ISLAMIC

Friday Congregational Service (1935 Aleo Place, Punahou) 1 p.m. Muslim Association of Hawaii 947-6263

BUDDHIST

Honpa Hongwanji Hawaii Betsuin A Shin Buddhist Temple 536-7044

ORTHODOX

For more information, call 438-6687

April 14, 2006 **B5** Hickam Kukini

Sports Day challenges fitness level

Team Hickam excel's in all events



Nathan Guiterrace, Joint **POW/MIA Accounting** Command, does some push-ups during the fitness challenge held during Hickam's Sports Day



David Webster, 15th Logistics Readiness Squadron, Robert Smith, Kenney Headquarters, rounds off third makes a layup against the 15th Civil Engineer Squadron base as he goes for home while playing softball. team during the basketball tournament.





Henry Reed (left), Scott Vorkapich, (middle) Pacific Air Forces Regional Supply Squadron, and Jeff Baumgart (right), 15th Mission Support Squadron, clamour for the frisbee during the ultimate frisbee challenge.





Above: The crowd watches as Anthony Hatter, JPAC, cranks out situps during the fitness challenge event. Left: Jeff Santos, 15th CES, dribbles past Staff Sgt. Oscar Merrit, 15th LRS, during the basketball

B6 April 14, 2006

Sports Shorts

2006 Aloha Classic Basketball Tournament

This year's classic is Monday through Apr. 15. Entry per team is \$325 per team. The tourney includes team and individual awards. Each player receives an Aloha Classic T-Shirt. Call the Fitness Center at 448 – 4640 or email christopher. myers@hickam. af.mil.

Personal Trainers Available

Hire a certified fitness professional who works one-onone with you to help you achieve and exceed your fitness goal. Trainers are certified through nationally recognized organizations. In addition, trainers advise on nutrition information to enhance your fitness program. For more information call 448-2214.

May Fitness Month Events Plan ahead

"Fit Body, Fit Mind, Fit to Fight"Incentive program

Use your Fitness Center punch card for 10 activities during the month of May and receive a prize. Pick up your punch card at the front desk.

Hickam's Biggest Loser

Do you have what it takes to challenge yourself and lose those pounds?

Free 30 day weight loss challenge. Prize given to biggest weight loss in percentage in pounds vs. starting

weight for the month of May. Participants are required to weigh in our initial and final dates, and are responsible for providing their own safe and effective exercise regimen during the contest.

Initial weigh in is either May 1 to 2 from 9a.m. to 4 p.m. at the HAWC or Fitness Center. Final weigh in is either May 30 or 31 from 9 a.m. to 4 p.m. at the HAWC or Fitness Center.

Yoga by the Sea

Mondays 1, 8, 15, & 22 May, 1130 at Foster's Point. Don't forget to bring water. Free to ID card holders.

Yoga 101 – The Foundations of Yoga

Join us for a free educational workshop on May 3 from 5:30 to 7:30 p.m. Learn proper use of props (blankets, straps & blocks), yoga etiquette, and modifications for poses, more.

Aerobics & Fitness Association of America (AFAA) Fitness Certification/Workshops

Injury Prevention & Exercise Progression, May 5, 9 a.m. to 6 p.m. and cost \$99.

Primary Group Fitness Certification, May 6, 9 a.m. to 6 p.m. and cost \$229.

Practical Pilates Workshop, May 7 and 9 a.m. to 6 p.m. and Cost \$99.

Bikini Slimmin' Spinathon

Slim those waist lines and get fit is May 6 and 8 to 10 a.m. Free to ID Card hold-

Fitness 101 Open House

Fitness Center Lanai Monday is May 8, 11 a.m. to 2 p.m.

- Running Shoe Information courtesy of Runner's HI, Aiea
- Gait Analysis: learn more about your running gate
- Sports Nutrition Table courtesy of the HAWC
- Controversy with Supplements: Correcting Misinformation courtesy of the HAWC
- Free Blood Pressure Analysis
- Free Body Fat Testing
- Stress Reduction & On-Site mini massages: brought to you by the HAWC & the Hickam Fitness Center
- How to use your home fitness equipment -Demonstrations with balls, bands, and more by certified fitness trainers

AFAA Fitness Certification/Workshops

Step Aerobics Skills & Choreography; May 19, 9 a.m. to 6 p.m. and cost \$99.

Step Aerobics Certification; May 20, 9 a.m. to 6 p.m. and cost \$199.

Resistance Training; May 21, 9 a.m. to 6 p.m. and cost \$99.

Call 1-877-your-body to register today.

Hickam Sun n' Fun Duathlon

Five km run, 25-km Bike, and 5-km run is May 20 at 7 a.m.. Individuals and Teams Welcome, but must by May

Springtime is ball time

Hickam Youth Little League Baseball opened April 1 and got under way April 4 due to a rainy weekend. The league is made up of seven T-ball teams 5 to 6 years old, eight

coach pitch teams 7 to 8 years old, six minors 9 to 10 years old and five major teams 11 to 12 years old. Starting May 6, two junior teams will play in Honolulu's sixth district.



Photos by Staff Sgt. Tom Czerwinski

Khoi Wieringa, Pitcher for the White Sox minor league, winds up for a pitch



Bryan Kelly, Rockies, slides into home plate while Jacob Sills, White Sox, moves away from the plate. White Sox won the game 13-4.